

### THE "NEVER" LIST

1. Never criticize, nag, or get down on a teammate.
2. Never miss or be late for any class, appointment, or practice.
3. Never be selfish, jealous, envious, or egotistical.
4. Never expect favors.
5. Never waste time.
6. Never alibi, or make excuses.
7. Never require repeated criticism for the same mistake.
8. Never lose faith or patience.
9. Never grandstand, loaf, sulk or boast.
10. Never have reason to be sorry afterward.
11. Never bait, taunt, or talk trash to an opponent's players, coaches, or fans.
12. Never yell at or show displeasure toward an official.
13. Never be lazy or content with your play.
14. Never lose focus on your individual and team goals.
15. Never allow someone to call you underprepared, outworked, outhustled, or unmotivated.