

# The Recruiting Periods: Do You Know What Time It Is?

## FRESHMEN

Did you know that no in-person, off-campus contact, telephone calls or personal correspondences from a coach can be made to you, your parents or your legal guardians?

## SOPHOMORES

Did you know that collect or toll-free calls are only permitted at the conclusion of or after your sophomore year in high school? Recruiting materials cannot be sent to prospects during their sophomore year, only after the completion of their sophomore year. Also, coaches may begin (June 15) writing you at the conclusion of your sophomore year in high school.

## JUNIORS

Did you know that a school may make one (1) telephone call to you per month beginning June 15 after your sophomore year through July 31 of your junior year? Recruiting materials can be sent to prospects and coaches may begin writing you during your junior year.

## SENIORS

Did you know coaches can begin calling you twice per week beginning August 1 of your senior year? Face-to-face contact by a coach off-campus cannot be made before opening day (September 9) classes of your senior year in high school and cannot exceed three (3) times during your senior year. A college coach can evaluate or contact you up to seven (7) times during your senior year, but face-to-face in-person contacts by a coach off-campus cannot exceed three (3) times during your senior year. Official visits can be made beginning opening day of classes of your senior year and you are limited to one (1) official visit per college up to a maximum of five (5) official visits to Division I schools.

## RECRUITING DEFINITIONS

**CONTACT PERIOD [CP]** Authorized athletic department staff members from NCAA member schools CAN make in-person, off-campus, recruiting contacts and evaluations.

**EVALUATION PERIOD [EP]** Authorized athletics department staff members from NCAA member schools CAN be involved in off-campus activities designed to assess academic qualifications and playing abilities of prospects. But no in-person, off-campus recruiting contacts with a prospect are permitted during this period.

**QUIET PERIOD [QP]** Authorized athletic department staff members from NCAA member schools CAN make in-person recruiting contacts only on the member institution's campus. No in-person, off-campus recruiting contacts or evaluations with a prospect are permitted during this period.

**DEAD PERIOD [DP]** Authorized athletic department staff members from NCAA member schools CAN NOT make in-person recruiting contacts or evaluations on or off-campus or permit official or unofficial visits.

*To review this information, the entire recruiting calendar and other publications concerning recruiting rules and regulations, log on to the NCAA website at <http://www.ncaa.org> and click on Rules & Eligibility.*

*Be sure to review the NCAA Guide for the College-Bound Student-Athlete throughout the year so you will*

**Know What Time It Is!**

**Questions?**  
Contact the **First Team** staff.  
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